# 建構友善、幸福校園之有效策略

【摘要】

### 一、前言:

「把每一個學生帶上來」,是這一波教育改革及發展的首要目標;而「幸福」 是人類自古以來,生活追求的目標與天性,也是每個人的權利。因此,創造一個 友善、幸福、永續的校園,是世界的潮流與趨勢。但是目前整體社會環境變遷加 劇,學校教育現場不確定性愈形嚴重,考驗著學校經營者的能力。研究者從事基 礎教育工作三十餘年,結合己身所服務的學校為研究場域,希望建構出友善、幸 福校園的具體策略,提昇教學品質及行政效率,永續經營友善幸福校園,成就每 一個孩子。

- 二、研究方法:包括下列三種方法
  - (一) 行動研究法 (Action Research)。
  - (二) 訪談法。
  - (三)問卷調查法。
- 三、建構友善、幸福、永續校園的具體策略:
  - (一)「愛讓世界轉動 繞著地球跑走」之公益活動。
  - (二)「走路上學 聰明學習」之安全、環保教育。
  - (三)「落葉的家」之生命及環境教育。
  - (四)「感恩、尊重、關懷」之品德教育。
- 四、研究結果:經過長達半年的效益分析,如下:
  - (一)「愛讓世界轉動 繞著地球跑走」活動參與者,計有教職員、學生、家長與社區人士,發現參與者均肯定本活動之良善用意,均樂於持續參與此利己、利人的活動;另本校最近測量之學生體適能已獲得82%之通過率。
  - (二)「走路上學 聰明學習」之安全教育實施一學期後,路口交通改善,走路上學學生數增加許多,從上學期剛開學不到 100 人走路上學,目前數據顯示已有 390 位左右學生走路上學,全校有 583 位學生,參與率由 18%提升到 68%,顯見已具成效。
  - (三)「落葉的家」之生命及環境教育實施近一學期後,了解班級垃圾袋使用量,所有班級均表示自從有了落葉的家,落葉裝於垃圾袋倒入落葉的家後均採收回重複使用方式,目前垃圾袋用量極為減省約有 2/3 的量。
  - (四)「感恩、尊重、關懷」之品德教育實施近一學期後,兒童幸福感全量表 (六點量表)的後測平均數 4.37,比全量表的前測平均數 4.33 要高出 0.04。 顯示出學童的幸福感是有提升的。

### 五、結論:

「有怎樣的校長,就有怎樣的學校。」(As is the principal,so is the school)。 學校的經營在於「用心與創新」,學校經營者應該掌握辦學方向及展現辦學績效,以提昇學校教育品質,建立學校特色,打造友善校園,增進學童的幸福 感。

中文關鍵詞:友善校園、幸福感

## Construction friendly, happiness campus effective strategies

#### **Abstract**

"No Child Left Behind" is the primary goal of this wave of education reform and development; and "happiness" is the pursuit of life goals and nature and the human rights since the ancient times. Therefore, creating a friendly, happy, and sustainable campus is the trend of the world. But now as the overall social environment changes, the school education field is full of uncertainty to test of the school managers' ability. The researchers, engaged in basic education more than 30 years, working in the school served as the research field, hope to construct a friendly, happy campus with specific strategies to improve teaching quality and administrative efficiency, build sustainable and friendly happy campus, help every child succeed.

Methodology includes action research, interviews, and questionnaire survey.

The specific strategies for constructing friendly, happy and sustainable campus are in the following.

- (A) "Love makes the world go around, run around the Earth" Public Welfare activities.
- (B) "smart learning to walk to school," Safety and Environmental education.
- (C) "leaves home." Life and Environmental education
- (D) "gratitude, respect, caring," the Moral education.

### The research results are as follows:

- (A) The participants of "Love makes the world go around, run away around the Earth" are staff, students, parents and community members. It is found that the participants agree to the intention of this activity and are willing to continue to participate in this self-serving activities; the passing rate of the students' physical fitness has been 82 percent.
- After (B) "intelligent walking to school to learn," the implementation of safety education for one semester, intersection traffic condition improved. The number of students walking to school increased. Last semester from less than 100 people to walk to school, and today's data shows that about 390 students walk to school. That is to enhance the participation rate from 18% to 68%, showing already a success.
- After (C) Life and Environmental Education "leaves home" to implement nearly one semester to learn the amount of garbage bags that class used. All classes are doing recycling since the family have "leaves". Deciduous leaves packed in garbage bags into the house were collected for repeated use, and that extremely reduced about two-thirds of the amount of trash bags.
- (D) "Gratitude, respect, caring," the implementation of moral education after nearly a semester, child well-being full scale (six scales) of the post-test is 4.37 at average, the average of the previous full-scale test of 4.33 to 0.04 higher, showing that happiness of pupils is promoted.

According to the results, we can conclude that:

"As is the principal, so is the school.". Business of school is intentions and innovative". School manager should confirm the direction of schooling and present t the efficiency, in order to enhance the quality of school education, establish school characteristics, create a friendly campus, and promote children's happiness.

Key word: friendly campus, happiness